

**Lipids and Primary Prevention Clinic**

Ontario-wide Telehealth Clinic

**Phone:** 647-200-5112

**Fax:** 289-858-2506

lappclinic@gmail.com

<https://lipidsandprimaryprevention.com>



**Lipids and Primary Prevention Clinic**

Ontario Lipids Telehealth Clinic

**We Are Expanding Our Virtual Lipids & Cardiometabolic Services!**

Due to growing demand, we are expanding our services and welcoming several new physicians to our team. In addition to comprehensive lipid management, we now offer broader cardiometabolic, hypertension, obesity, and men’s health risk assessment, all delivered virtually in the same streamlined, consultative format you are familiar with.

Our approach remains unchanged:

- Timely virtual consultation
- Evidence-based assessment and treatment optimization
- Clear recommendations and follow-up plan
- Ongoing collaboration with primary care

We look forward to continuing to work alongside you in reducing long-term cardiovascular and cardiometabolic risk for your patients across Ontario.

**Date:** \_\_\_\_\_

**Referring Provider:** \_\_\_\_\_

Billing Number: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

DOB (m/d/y): \_\_\_\_\_ OHIP #: \_\_\_\_\_

Phone: \_\_\_\_\_ Gender: \_\_\_\_\_

Email (if available): \_\_\_\_\_

**Reason for Referral:**

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Please fax referral and supporting documents to: **289-858-2506** or find us on Ocean.

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**Please attach (if available)**

- Medical History & Problem List
- Blood pressure readings
- Current medication list
- Recent Specialist Reports / Imaging
- Most recent:
  - Lipid panel
  - HbA1c, fasting glucose
  - Liver enzymes
  - Creatinine / eGFR
  - Urine ACR

**Lipids & Cardiovascular Prevention**

- Comprehensive lipid evaluation and management
- Familial Hypercholesterolemia assessment
- Elevated Lipoprotein(a) assessment
- Cardiovascular risk assessment & stratification (FRS / ASCVD / lifetime risk)
- Advanced lipid testing (ApoB, Lp(a), genetic testing if indicated)
- Lipid-lowering medication optimization (statin intolerance, PCSK9i, inclisiran, etc.)
- Primary prevention planning

**Hypertension (HTN)**

- New diagnosis hypertension
- Medication optimization
- Cardiovascular risk modification in HTN

**Metabolic Risk Assessment & Management**

- Metabolic syndrome evaluation
- Insulin resistance assessment
- Prediabetes evaluation
- Type 2 Diabetes management / optimization
- Cardiometabolic pharmacotherapy planning
- NAFLD risk assessment

**Obesity & Weight Management**

- Obesity assessment and staging
- GLP-1 receptor agonist candidacy assessment
- Lifestyle intervention program referral
- Weight-loss pharmacotherapy planning
- Long-term cardiometabolic weight strategy

**Men's Health**

- Cardiometabolic risk in men
- Low testosterone evaluation
- Erectile dysfunction (vascular risk evaluation)
- Androgen deficiency assessment
- Cardiovascular risk optimization in midlife